

UCLA

David Geffen School of Medicine

Aesthetic Eyelid and Facial Rejuvenation Course 2024

Friday–Saturday • July 12-13, 2024

UCLA Stein Eye Institute

UCLA Campus



PROGRAM CHAIRMAN

Robert A. Goldberg, MD

COURSE DIRECTORS

Daniel B. Rootman, MD

Jonathan A. Hoenig, MD

SHORR LECTURER

Jocelyn Kohn, MD

LABORATORY DIRECTOR

Kelsey A. Roelofs, MD

DISSECTION VIDEO FEED MODERATORS

Steven Leibowitz, MD

Justin N. Karlin, MD

UCLA

Stein Eye Institute



DOHENY
EYE INSTITUTE

Aesthetic Eyelid and Facial Rejuvenation Course

FRIDAY, JULY 12TH, 2024

Dissection Laboratory – (CHS 73-167)

- 7:00 Registration and Breakfast
7:55 Laboratory Course Introduction – Robert A. Goldberg, MD, Daniel B. Rootman, MD, Steven Leibowitz, MD, Justin N. Karlin, MD and Kelsey A. Roelofs, MD

Anatomy

- 8:05 Upper and lower eyelid anatomy – Daniel B. Rootman, MD and Maria Quintero, MD

Upper Blepharoplasty

- 8:20 Upper Blepharoplasty Anatomy and Incision Design – Naresh Joshi, MD
8:40 Hands-On Cadaver Lab: Upper Blepharoplasty

Ptosis

- 9:20 Ptosis Videos and UCLA clamp – Robert A. Goldberg, MD, Justin Karlin, MD and Katie Lucarelli, MD
9:30 Hands-On Cadaver Lab: Anterior and Posterior Approach Ptosis

Lower Blepharoplasty

- 9:50 Fat pads in 3 dimensions – Robert A. Goldberg, MD
9:55 Lower Blepharoplasty: Reduction and repositioning – Kelsey A. Roelofs, MD
10:00 Hands-On Cadaver Lab: Lower Blepharoplasty with Variations

Canthoplasty

- 11:10 Canthal Anatomy/Small Incision Canthoplasty Video – Robert A. Goldberg, MD and Katherine Lucarelli, MD
11:20 Hands-On Cadaver Lab: Small Incision Canthoplasty
12:00 Lunch

Forehead and Mid-Face Lift

- 1:00 Upper and Midface Lift Anatomy/Video – Jonathan Hoenig, MD and Connie Sears, MD
1:10 Hands-On Cadaver Lab: Endoscopic Upper and Midface Surgery, Direct Eyebrow Approaches

Fat Transfer

- 2:00 Harvesting, processing, and injection techniques – David Isaacs, MD and Maria Quintero, MD
2:10 Hands-On Cadaver Lab: Fat transfer

Suture Lifts

- 2:40 Techniques for Suture Lifting with Video – Kian Karimi, MD
2:50 Hands-On Cadaver Lab: Suture lifts – Kian Karimi, MD

Special Procedures – break out tables

- 3:40 – 4:30
- | | |
|---------------------------------------|------------------------|
| Medial Canthoplasty & Epicanthoplasty | Daniel B. Rootman, MD |
| Suture lifts | Kian Karimi, MD |
| Earlobe reduction | Kelsey A. Roelofs, MD |
| Facial filler injection | Robert A. Goldberg, MD |
| Cheiloplasty | Katie Lucarelli, MD |
- 4:30 Adjourn



Aesthetic Eyelid and Facial Rejuvenation Course

SATURDAY, JULY 13TH, 2024 – UCLA STEIN EYE INSTITUTE, RPB AUDITORIUM

- 7:30 Registration and Breakfast
- 8:00 Introduction – **Robert A. Goldberg, MD**
- 8:05 Individualized assessment and planning for aesthetic rejuvenation – **Robert A. Goldberg, MD**

Upper Blepharoplasty and Ptosis

- 8:30 My Secrets to Success in Upper Blepharoplasty: Patient Selection and Surgical Planning – **Rona Silkiss, MD**
- 8:40 Local anesthesia and minimal cautery for office-based blepharoplasty – **Robert A. Goldberg, MD**
- 8:50 Cosmetic Ptosis Surgery: control of symmetry, TPS and contour – **Daniel B. Rootman, MD**
- 9:05 Ptosis controversies – expert panel with **Robert A. Goldberg, MD, Daniel B. Rootman, MD and Jonathan A. Hoenig, MD**
- 9:20 Building an aesthetic practice – **Deepak Ramesh, MD**
- 9:35 Top tips for achieving the best upper blepharoplasty outcomes – **Naresh Joshi, MD**
- 9:45 Sub eyebrow blepharoplasty with dermal stacking – **Robert A. Goldberg, MD**
- 10:00 Questions and Answers
- 10:10 Coffee Break and Exhibits

Lower Blepharoplasty and Mid-face Rejuvenation

- 10:30 Best surgical techniques from 30 years of lower blepharoplasty – **Michael J. Groth, MD**
- 10:40 The Unhappy Post-blepharoplasty patient – **Robert A. Goldberg, MD**
- 10:50 Pearls for periorbital fat transfer – **Kelsey A. Roelofs, MD**
- 11:00 Facial implants – optimizing patient selection and outcomes – **Simon Madorsky, MD**
- 11:10 Special considerations for lower eyelid & mid-face rejuvenation in patients with prominent globe morphology – **Raymond Douglas, MD, PhD**
- 11:20 My approach to mid-face rejuvenation with filler: **Rebecca Fitzgerald, MD**
- 11:30 Conservative management of mild lower eyelid malposition following blepharoplasty – **Robert A. Goldberg, MD**
- 11:40 Questions and Answers
- 11:45 Introduction of the Norman Shorr Lecturer – **Robert A. Goldberg, MD**
- 11:50 Norman Shorr Lecture – **Jocelyn Kohn, MD**
- 12:20 Lunch

Skin Treatments and Injectables

- 1:00 Filler complications – etiology and management – **Daniel B. Rootman, MD**
- 1:20 Filler related periorbital edema – mechanisms and treatment options – **Kami Parsa, MD**
- 1:30 Facial shape, size and gender – **Val Lambros, MD, FACS**
- 1:45 Adjunctive procedures to enhance your blepharoplasty results – **Justin Karlin, MD**
- 1:55 Microdroplet botulinum toxin techniques – **Kenneth Steinsapir, MD**

Panfacial Considerations for Harmonious Rejuvenation

- 2:05 Clinical photography and videography – **Timothy Zoltie, BA, PGC**
- 2:15 Update on dermatologic treatment of periorbital aging skin – **Ladan Shahabi, MD**
- 2:25 What role does PRF play in my practice? – **Kian Karimi, MD**
- 2:35 Facial rejuvenation update – what's new in my practice in 2024 – **Jason Roostaean, MD**
- 2:45 Questions and Answers
- 2:50 Coffee Break

Cosmetic Consultations

- 3:15 Live demonstrations of injection techniques: filler, neurotoxins and PRF
Moderator: **Jocelyn Kohn, MD**
Faculty: **Robert A. Goldberg, MD, Kian Karimi, MD, Francine Young, RN, Sherly Soleiman, MD, Rona Silkiss, MD, Christopher Lo, MD and Kelsey A. Roelofs, MD**
- 4:15 M & M from Fellows Conference: The Worst Complications of the Year and How They Were Managed – **Katherine Lucarelli, MD, Angela Oh, MD and Maria Quintero, MD**
Faculty Comments and Pearls for Managing Complications – **Daniel B. Rootman, MD, Robert A. Goldberg, MD and Justin Karlin, MD**
- 4:45 Final Questions and Answers
- 5:00 Adjourn

Course Faculty

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SHORR LECTURER

Jocelyn Kohn, MD

GUEST FACULTY

Bruce Becker, MD

Los Angeles, CA

Chris Lo, MD

Los Angeles, CA

Connie Sears, MD

Los Angeles, CA

Deepak Ramesh, MD

Somerset, NJ

Francine Young, RN

Los Angeles, CA

Jocelyne Kohn, MD

Santiago, Chile

Kami Parsa, MD

Los Angeles, CA

Kelsey A. Roelofs, MD

Edmonton, Canada

Kian Karimi, MD

Los Angeles, CA

Mehryar Ray Taban, MD

Los Angeles, CA

Michael Groth, MD

Los Angeles, CA

Naresh Joshi, MD

London, United Kingdom

Nathan Pirakitikulr, MD

Solana Beach, CA

Polly McKinstry, MD

Laguna Hills, CA

Raymond Douglas, MD

Los Angeles, CA

Rebecca Fitzgerald, MD

Los Angeles, CA

Ronald Strahan, MD

Santa Monica, CA

Sandy Zhang-Nunes, MD

Los Angeles, CA

Sherly Soleiman, MD

Los Angeles, CA

Simon Madorsky, MD

Los Angeles, CA

Timothy Zoltie, BA

PGC, London, United Kingdom

Val Lambros, MD

Corona Del Mar, CA

UCLA LABORATORY PRECEPTORS

Angela Oh, MD

David Isaacs, MD

Gregory Keller, MD

Jonathan Hoenig, MD

Katie Lucarelli, MD

Maria Paula Quintero, MD

Peter Fodor, MD

Jerome Klein, MD

UCLA COURSE FACULTY

Daniel B. Rootman, MD

Jason Roostaeian, MD

Justin Karlin, MD

Kenneth Steinsapir, MD

Ladan Shahabi, MD

Rona Silkiss, MD

Robert A. Goldberg, MD

Steven Leibowitz, MD

ACCOMMODATIONS

W LOS ANGELES – WESTWOOD HOTEL:

930 Hilgard Avenue

Los Angeles, California 90024

Within walking distance

Reservations: 1-800-877-W-HOTELS

LUSKIN CONFERENCE CENTER:

425 Westwood Plaza

Los Angeles, California 90049

Within walking distance

Reservations: 855-522-8252

DIRECTIONS

Conveniently located on the UCLA campus at the corner of Westwood Boulevard and Le Conte Avenue, the UCLA Stein Eye Institute, 100 Stein Plaza, Los Angeles, California 90095 is easily accessible from all points in Southern California. It is approximately 15 miles from the Los Angeles International Airport. Parking is available for \$15 per day.

FROM THE SAN DIEGO FREEWAY (405)

Take Wilshire Boulevard off ramp east (toward Westwood Boulevard). Turn left onto Westwood Boulevard from Wilshire. After crossing Le Conte, turn right onto Stein Plaza. Parking is located immediately to the right (adjacent to the Doris Stein Eye Research Center) as you turn onto Stein Plaza.

AIRPORT SHUTTLE SERVICE Prime Time

(800) 262-7433

Skycar (310) 306-3554

Super Shuttle (310) 532-5999

TAXICABS

Beverly Hills Cab Co. (310) 273-6611

Checker Cab Co. (800) 300-5007

United Independent (310) 278-2500

REGISTRATION

Aesthetic Eyelid and Facial Rejuvenation Course 2024

Registration Fees (Includes continental breakfast and lunch):

- Friday and Saturday – In-Person Fresh Cadaver Surgery Procedure Workshop and Didactic Session \$3,155
- Friday and Saturday – In-Person Moderated High Definition Video Feed of Dissection Lab and Didactic Session \$1,230
- Saturday Only – Live In-Person Didactic Session \$495
- Saturday Only – Live Virtual Didactic Session \$495
- Saturday Only – Live In-Person or Virtual Didactic Session Resident and Fellow Pricing \$200

Cancellation Policy:

Request for refunds must be received by email to ccpd@mednet.ucla.edu no later than June 16, 2024 and will be subject to a \$75 processing fee. No refunds will be given after that date. If for any reason the course must be cancelled, discontinued, or rescheduled, a full refund will be provided.

Enrollment:

To register using a credit card or ACH/electronic transfer, please visit: <https://ucla.cloud-cme.com/Aesthetic24>.

*Credit card and check payments via phone, fax, or mail are no longer accepted.

Questions:

If you have any questions about enrollment, please call (310) 794-2620 or email: ccpd@mednet.ucla.edu

ACCREDITATION

The David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The David Geffen School of Medicine at UCLA designates this live activity for a maximum of 15.25 *AMA PRA Category 1 Credit(s)*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

DISCLOSURES

The FDA has issued a concept paper which classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is “truly independent” and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program’s participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the provider adequately manage all identified potential conflicts of interest prior to the program. We at UCLA fully endorse the letter and spirit of this concept.



Aesthetic Eyelid and Facial Rejuvenation Course

FRIDAY, July 12, 2024

UCLA Stein Eye Institute, 73-167 CHS, Dissection Laboratory – 7:00 am - 4:30 pm

The dissection workshop focuses on anatomic and surgical pearls of core aesthetic surgical procedures such as upper and lower blepharoplasty, Asian blepharoplasty, forehead lift, mid face lift, and canthoplasty options. The various procedures will be reviewed in step-by-step fashion, utilizing a detailed dissection manual, bullet point surgical videos, and prosections by faculty experts. A limited enrollment will promote close interaction between participants and faculty so that each participant can perform the procedures on cadavers, with faculty guidance.

Due to popular demand, we have once again added a live audio visual feed of the aesthetics dissection course. The course directors, faculty, and guest faculty are “miked up” and seen in high definition performing the dissections from our Friday dissection course in our audio visual suite. The live audio visual suite also receives all the live lectures given in the laboratory. A faculty monitor will be present at all times in the audio visual suite to relate your questions to the “miked up” faculty. Then the same faculty will also come to the audio visual suite to lead further discussion. Both the faculty and the attendees have raved about this experience.

SATURDAY, July 13, 2024

UCLA Stein Eye Institute, RPB Auditorium – 7:30 am - 5:00 pm

The second day of the course will be didactic, covering the nuances of technique that are critical for achieving the elegant results demanded by today's sophisticated patients. This course brings together innovative experts in aesthetic oculoplastic surgery to share their experiences, techniques, and pearls.

A range of talks will be given covering blepharoplasty, aesthetic ptosis surgery, fat transfer, skin treatments and injectables. Course participants unable to attend the first day of the course are welcome for the second day.



Course Description

This course is a tightly focused survey of surgical and non-surgical options for periorbital and facial rejuvenation. The multidisciplinary faculty, renowned experts in their fields, focus on practical techniques and conceptual pearls designed to send participants home with tools that they can immediately apply to their own practice.

Objectives

At the conclusion of this program participants will be able to:

- Recognize and be familiar with the palate of options, evaluation, and decision making for non-surgical aesthetic facial rejuvenation.
- Practice safe techniques of aesthetic upper eyelid surgery and aesthetic lower eyelid surgery.
- Identify the principles of midface rejuvenation with a review of the anatomy and physiology as it relates to safe procedures.
- Assess the relevant anatomy and potential anatomic danger areas related to surgical rejuvenation of the orbit, face and neck.
- Avoid surgical complications or provide appropriate management of complications.
- Refer to practical course material and feel comfortable incorporating new techniques safely and conservatively into their own practice.



